

PROGRAM NORDIC ART THERAPY CONFERENCE ELVERUM. NORWAY JUNE 9TH – 12TH, 2024

Sunday June 9th					
ARRIVAL					
REGISTRATION From 2:00 pm					
WELCOME 4:00 pm – 4:30 pm	Astri Ziesler & Kristin Svendsen, Norwegian Art Therapy Association				
GETTING TOGETHER 4:30 pm – 6:30 pm:	Astrid Hovengen & Karin Jacobsen, Norway «Art Therapy meets Shinrin Yoku – Nature as Therapist – to bathe and create in the Atmosphere of the Forest				
DINNER 6:30 pm					

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Monday June 10th					
BREAKFAST 8:00 am – 9:00 am					
Papers I 45 min + 15 min. for questions 9:00 – 10:00 am	Paper Presentation 1 Mimmu Rankanen, Finland/Norway «Educating Art Therapists – creating alternative Avenues of Hope”	Paper Presentation 2 Gärd Holmqvist, Sweden “A Structural Observation Framework evaluating clients’ inner change during and after Art Therapy”	Paper Presentation 3 Caroline Beauregard, Canada “Problem-solving through the creation of drawings and stories to regain hope”		
COFFEE BREAK 10:00 – 10:30 am					
Workshops I 2 hours 10:30 am– 12:30 pm	Workshop 1 Åse Minde & Kari Rød, Norway «Through darkness towards light»	Workshop 2 Jane Hawes, Sweden «Opening Pandora’s Box – distracting our conscious brain to release Hope”	Workshop 3 Toril Slåttsveen, Norway «Guided drawing, a tool for healing trauma and reviving hope”	Workshop 4 Sisko Miettinen, Finland «Understanding the evil through art, rituals and the difficulty og forgiveness”	Workshop 5 Markus Bossmeyer, Norway «Can Outsider Artists’ surprising ways to make Art, help supporting our creative Process?”
LUNCH 12.30 – 1:30 pm					
Papers II 45 min + 15 min. for questions 1:30 pm – 2:30 pm	Paper Presentation 4 Ephrat Huss, Israel “We often talk about arts as able to create a new type of “space” within which we can communicate differently. How can our profession provide these spaces for	Paper Presentation 5 Anna Farrokhi, Sweden “How does art therapy affect work with awareness?”	Paper Presentation 6 Jackie Heijman, The Netherlands “Effectiveness of trauma-focused Art therapy (TFAT) for psychological trauma”		Paper Presentation 7 NB! paper & workshop Jenni Lehmonen, Finland “Making Art visible – Balances between Private and Public – Conceptualizing an Art Therapy Exhibition”

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	communities dealing with long term conflict and stress??				
COFFEE BREAK 2:30 – 3:00 pm					
Workshops II 2 hours 3:00 pm– 5:00 pm	Workshop 6 Jenny Butler, Sweden «Creating Hope in the Space between»	Workshop 7 Katerina Zachova, Czech Republic «Working in pairs – Art Theory and addictology”	Workshop 8 Marit Aalen, Norway “Phototherapy workshop – Development of Technique”	Workshop 9 Adrian Lips, Hungary «Creating self-portraits»	Workshop 10 NB! paper + workshop Pia Angeria, Finland
DINNER 6:00 – 7:00 pm					

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Tuesday June 11th					
BREAKFAST 8:00 – 9:00 am					
Papers III 45 min + 15 min. for questions 9:00 – 10:00 am	Paper Presentation 8 Suzanne Haeyen, The Netherlands “The powerful experience – emotion regulation and self-image in personality disorders in arts and psychomotor therapies”	Paper Presentation 9 Anca Ghearasamescu, Romania “Art Therapy with young Ukraine refugees”	Paper Presentation 10 Sanna Pikku Pyhättö, Finland “Art Therapy as a seed of hope for socially withdrawn adolescents and young adults”	Paper Presentation 11 Sara Stayne & Sophia Pankenier, Sweden «Avenues of Hope – Art Therapy grounded in Neuroscience: Evidence Practice in Health Care Settings ZOOM	
COFFEE BREAK 10:00 – 10:30 am					
Workshops III 2 hours 10:30 am– 12:30 pm	Workshop 11 Knut Omholt, Norway « Surrender as an avenue to Hope – what can we learn from a Fairytale about the Transformation of Hope”	Workshop 12 Ingalill Johnsen, Norway “Art as a Container for the Container: using art in supervision”	Workshop 13 Unnur Ottorsdottir, Iceland “Joint Mirror Drawings in Art Therapy and Museums”	Workshop 14 Paola Partsalaki, Greece, Alessandra Agnese, Italy & Carmith Shai, France/Portugal “Ex umbra in solem: “When the inner Dialogue is in the silent Darkness, an Art Therapy Intervention can illuminate the Resources of Hope” ZOOM	
LUNCH 12:30 – 1:30 pm					

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Papers IV 45 min + 15 min. for questions 1:30 – 2:30 pm	Paper Presentation 12 Celine Schweizer, The Netherlands “Art Therapy in a museum environment as prevention”	Paper Presentation 13 Kreg Viesselman & Torunn Lidd, Norway «Equality in Art Therapy – how might we build meaningful AT program with clients with developmental disabilities and language dysfluency?”	Paper Presentation 14 Katherine Killick, UK «Baby Doll» the Role of Art Making in the healing Journey of a profoundly wounded Adult in Analysis”		NB! Paper 15 & Workshop Jasmina Ferrek & Zala Orel, Slovenia: «Textile communities»
COFFEE BREAK 2:30 – 3:00 pm					
Workshops IV 2 hours 3:00 pm– 5:00 pm	Workshop 16 Maria Fjelfeldt & Dalida Rokka, Sweden “Couples in relational Crisis – a qualitative Exploration”	Workshop 17 Hannakaisa Hautamäki, Finland «Trinity of Art – Body – Mind – Dancing – Painting – Writing – all levels of Existence”	Workshop 18 Lise Bjarkli, Norway «An Art Therapy Body of Knowledge within a psychological Framework of Understanding”		NB! Paper & Workshop 19 Jasmina Ferrek & Zala Orel, Slovenia: «Textile communities»
DINNER 6:00 – 7:00 pm					
Evening program	Maria Falk & Kenjiro Sato, Sweden & Argentina “Tango and Movement”				

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Wednesday June 12th					
BREAKFAST 8:00 – 9:00					
9:30 – 11:30	Astrid Hovengen, Karin Jacobsen, Kristin Svendsen and Astri Ziesler, Norway: Evaluation and “Artistic Ways of saying Goodbye”				
Check-out and DEPARTURE 12:00					